

The schedule for the posting of the Indigenous Games of India on Fit India's official Facebook page and Youtube channel. is as follows:

Indigenous Sports of India				
S. No	Date	Day	Time	Sport
1	26-09-2022	Monday	11:00 AM	Rollball
2	27-09-2022	Tuesday	11:00 AM	Gatka
3	28-09-2022	Wednesday	11:00 AM	Kho-kho
4	29-09-2022	Thursday	11:00 AM	Thang Ta
5	30-09-2022	Friday	11:00 AM	Kabaddi

2. The videos will be posted on Fit India's official Facebook page and Youtube channel. The links for the same are as follows:

- (a) Fit India Facebook Page: <https://www.facebook.com/FitIndiaOff>
- (b) Fit India Youtube channel: [bit.ly/2yVBUSa](https://www.youtube.com/channel/UC2yVBU5a)